

## About Us

The MHE Center helps pediatric clinicians identify “when to worry” and “when to act” on toddler emotional and behavioral concerns by identifying risk in primary care and connecting families to effective intervention.

The Center is funded by the National Institute of Mental Health and is guided by our transdisciplinary scientific collaborators, clinical partners and caregiver and clinician advisory boards.

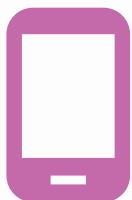


## Our Research

The MHE Center is conducting four interconnected studies:

### Center Signature Project: Peds-BRITE

Implementing mental health screening & prevention program  
at 24–30 mos. well-checks



“DECIDE Tool”  
mental health  
risk calculator



Preventive digital  
parenting program  
with tele-health  
coaching

### Team4Access



Training clinicians to  
communicate  
effectively about early  
mental health risk

### Project SPARK



Digital Single Session  
Intervention (SSI)  
helping families  
navigate resources

### REACH4MHE



Evaluating unintended  
effects of the center’s  
projects on families  
and clinicians using  
community input