

About Us

The MHE Center helps pediatric clinicians identify “when to worry” and “when to act” on toddler emotional and behavioral concerns by identifying risk in primary care and connecting families to effective intervention.

The Center is funded by the National Institute of Mental Health and is guided by our transdisciplinary scientific collaborators, clinical partners and caregiver and clinician advisory boards.

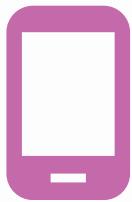


Our Research

The MHE Center is conducting four interconnected studies:

Center Signature Project: Peds-BRITE

Implementing mental health screening & prevention program
at 24-30 mos. well-checks



“DECIDE Tool”
mental health
risk calculator



Preventive digital
parenting program
with tele-health
coaching

Team4Access



Training clinicians to
communicate
effectively about early
mental health risk

Project SPARK



Digital Single Session
Intervention (SSI)
helping families
navigate resources

REACH4MHE



Evaluating unintended
effects of the center’s
projects on families
and clinicians using
community input